## Skills School Training Policy, July 20th 2020

Dear Managers/ PARENTS,

Following the most recent government guidelines, Skills School FC have updated our training policy.

From week commencing July 20<sup>th</sup>, managers and their teams **can** commence training PROVIDED that the attached Football Association and Surrey FA guidelines are observed, and our own procedures set out below are STRICTLY adhered to at all times.

The Football Association and Surrey FA have sanctioned that Grassroots Football, contact training can resume. Their guidelines for coaches and parents are attached. Please can you familiarise yourself with these Guidelines and share them with your parents BEFORE you decide when and if your team wants to do any training.

It should go without saying, but please ensure that no-one attends, nor participates in training if they have the following symptoms (or any associated with the virus):

- Temperature, Cough, Sneezing (including Hayfever), loss of taste and generally feeling unwell.
- **1.** Everyone should self-assess for COVID-19 symptoms before every training session or match. If you are symptomatic or living in a household with possible or actual COVID-19 infection you must not participate or attend;
- **2.** All players are asked to arrive with their own water bottle and hand sanitiser. It is advised that they arrive in alternative footwear and change into boots. All individual water bottles and kit need to be put in a separate area away from the training pitch and sectioned off.
- 3. It is the responsibility of each coach to sanitise the equipment they use after each session
- 4. There must be no physical contact between players unless it's in games, During half time, team talks and coaching sessions everyone must adhere to social distancing. We know this will be challenging in the younger age groups, so please ask parents to help reinforce the messaging to their children. (ALL PARENTS MUST SOCIAL DISTANCE)
- 5. If an injury occurs to a player that requires First Aid from a trained coach/parent then please ensure hands are sanitised before and after treatment.
- 6. All the guidelines MUST PLEASE be adhered to at all times. We will be spot-checking the sessions and any team or coach found not to be following the guidelines shall have their session stopped and may be asked to leave.

Lastly, please bear with us as we try and make this work. This is an exceptional situation for us all. We all have the same goal, which is to get you back out there training, playing and enjoying football together, and doing so in a way that minimises risk for everyone. Clearly, we must follow the guidelines that have been imposed by The Government and the national

and local football authorities, but we all know that guidelines and successfully implementing them are two different things and we all need to work together to make it a success. We welcome any thoughts, suggestions and ideas, but please remember the safety of everyone is our priority.

WHEN SIGNING UP TO A SKILLS SCHOOL SESSION ONLINE YOU WILL BE ASKED TO BE GIVING CONSENT AND TICKING THE BOX WILL SHOWN YOU HAVE READ THE DOCUMENT AND GIVEN CONSENT, I UNDERSTOOD AND WILL BE COMPLYING WITH THE GUIDELINES SET OUT BY THE FOOTBALL ASSOCIATION AND THE SURREY FA, AND SKILLS SCHOOL FC'S TRAINING POLICY.

**SKILLS SCHOOL FC**