SKILLS SCHOOL

SKILLS SCHOOL SUMMER CAMP 2020

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Formality – What to Expect

- We expect everyday to hit full capacity and therefore will not be allowing any turn up and play bookings. Bookings must all be done online via our website, this information is important for us to know who is attending.
- Every day we will look to split the children into ‘Bubbles’ of 5 + a coach depending on the latest government guidelines. This will be done prior to the day and will be ready for when your child arrives. These Bubbles will not cross mix with other children and therefore will remain in the same group throughout the whole day, this includes toilet breaks and lunch time.
- It is vital we stick to the bubbles and know exactly who is in what groups. This information is extremely important to ensure all children remain safe. We will aim to include friends together as much as we can, all bubbles will be split based on age/ability.

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Formality – What to Expect (2)

- Upon arrival to the venue, parents will be greeted by a member of staff in the carpark. We are asking for all parents to remain in their cars whilst your child gets out, we will then measure your child's temperature and assuming all ok we will then lead them into the facility to meet their ‘bubble’.
- Each bubble will have a designated place to store their belongs and where they will have lunch.
- Hand Sanitisers will be provided at the venue for children to use.
- Toilet breaks will only be permitted within their own bubbles – Toilets will be cleaned after EVERY use
- Staggered Lunch breaks
- Children will be asked to wash their hands frequently and will ensure they continue to observe social distancing
- In the case of bad weather we will utilise any indoor area until we able to resume. These areas will be cleaned straight after whilst children will still remain in their bubbles.
- At the end of the day children will be walked back out to the carpark in their bubbles and will be dismissed – Remembering all of their belongings.
- Unfortunately, parents are not allowed to enter the venue, we will continue to follow the latest guidelines and if we feel we can do this in a safe way we will adjust accordingly.
- Once your child returns home please ensure you wash their kit and that they wear a new kit the following day

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Expectations for all children attending

- Remember all belongings, this includes: Water Bottles (X2), Hand Sanitiser, Pack Lunch, Suitable Clothing, Football Boots/Moulds/Astroturf and sun cream/hat depending on weather.
- Adhere to Social Distancing Measures (2M) this includes team members, coach and parents
- Must bring own drink bottles (2 full bottles)and pack lunch in clear bags which are easily identified (No swapping or sharing)
- Spitting is strictly banned
- Hand hygiene is imperative - use alcohol gel to clean your hands after touching a shared surface
- Avoid touching your face
- If you need to sneeze or cough, do so into a tissue or upper sleeve
- If you feel unwell you must not attend training even if you really want to!

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Expectations for all parents attending

- Parents are only permitted to drop and collect their child before and after the session. Watching will not be allowed – This is to help reduce the number of people congregating around the venue
- We are asking that parents bring hand sanitiser for both themselves and their child
- We require ALL parents to monitor their child's health both pre and post session.
- If your child feels unwell please ensure they stay at home and do not attend training.
- Ensure your child has enough fluids for each sessions
- Wash kit everyday

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Expectations for Skills School Coaches

- Coaches do not need to use new footballs for each lesson but will clean at the start, middle and end of each day.
- It is still advised that players stick to their own ball as much as possible. Our coaches will design practices around players using their feet, NO heading exercises and players should not touch the balls with their hands.
- Any coaching equipment used (e.g. cones, mannequins etc) will be cleaned and wiped down afterwards.
- All activity should be consistent with the government guidance regarding social distancing and hygiene at all times – Social distancing must be adhere to by Coach, Players & Parents.
- Coaches will be constantly cleaning their own hands and equipment, they are the only ones permitted to touch equipment within their own bubble.
- If a Coach develops symptoms of COVID-19, they will inform us immediately so we can take the relevant action.
- Coaches will not be permitted to leave the venue at all through the day and must bring everything they need including lunch and drinks.

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First Aid

We will have qualified and designated first aiders at the venue. Guidelines on how we would treat the children are below.

- Try to assist at a safe distance from the casualty as much as you can and minimise the time you share a breathing zone.
- If they are capable, tell them to do things for you, but treating the casualty properly should be your first concern. Remember the 3P model – preserve life, prevent worsening, promote recovery.
- If you suspect a serious illness or injury, call 999 immediately – tell the call handler if the patient has any COVID-19 symptoms

After delivering any first aid

- Ensure you safely discard disposable items and clean reusable ones thoroughly
- Wash your hands thoroughly with soap and water or an alcohol-based hand sanitiser as soon as possible

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Updated Guidance on Permitted Grassroots Football Activity During COVID-19

Updated Guidance on Permitted Grassroots Football Activity During COVID-19 - 1 June 2020

The FA has today issued further guidance to all grassroots football and informal football activity outside the professional game following The Government's relaxation of COVID-19 restrictions from 1 June 2020.

Consistent with Government advice, published on Monday 1 June, the following outdoor football activity is currently permitted:

PLAYING FOOTBALL INDIVIDUALLY

e.g. practice of individual skills or fitness activities

PLAYING FOOTBALL WITH YOUR FAMILY OR OTHER PEOPLE LIVING IN YOUR HOUSEHOLD

FOOTBALL TRAINING OR FITNESS ACTIVITIES IN GROUPS OF NO MORE THAN SIX, KEEPING TWO METRES APART AT ALL TIMES

2 METRES

Sharing of equipment should be kept to a minimum and strong hand hygiene practices should be in place before and after.

Physical contact with anyone outside of your household is not permitted, therefore, playing of any games (small-sided or full) is also not permitted at this time. Avoid meeting in groups of six in busy or overcrowded areas, if it is so busy that it is not possible to maintain social distancing at all times.

FOOTBALL COACHING WITH SMALL GROUPS OF UP TO SIX PEOPLE

Football coaches can now undertake small group sessions up to six people (including the coach) but are reminded to follow The FA safeguarding policies when coaching/working with children. This must include risk assessing the activities, gaining consent from parents/carers and ensuring you are in sight of another adult e.g. parent/carer or another coach and that the ratio of coach to different age-groups of children is appropriate – see Download 5.5 at http://www.thefa.com/football-rules-governance/safeguarding/section-11-the-complete-downloads-directory

For clarity, the additional parent/carer or coach is not included as part of the group of six but must remain in sight of the activity.

TRAINING FOR TWO OR MORE GROUPS OF SIX (INCLUDING COACH)

It is permissible for coaches to organise a training session that has two or more groups of six (including the coach) involved as long as the groups of six are kept separate, everyone is socially distancing, and strict hygiene measures are in place with any equipment.

FOOTBALL COACHES WORKING WITH PEOPLE WITH IMPAIRMENTS

Must ensure they can adequately cater for any additional needs whilst still avoiding physical contact and maintaining social distancing. Individuals should follow Government guidance relevant to their own impairment or health condition.

! Please be reminded, if an individual is symptomatic, living in a household with a possible COVID-19 infection or if you are classified as extremely vulnerable on health grounds, the guidance is that you should remain at home.

The FA continues to work closely with the Department for Digital, Culture, Media & Sport (DCMS) and Sport England in order to provide good practice guidance for those responsible for delivering different aspects of grassroots football and we will share further information as soon as possible.

Skills School COVID-19 Risk Assessment 1

Date : 21st July 2020- 20th August 2020 (every Tuesday to Thursday)

Venue: South Park FC

Assessment Scale

Frequency:

- 1.Improbable occurrence
- 2.Possible occurrence
- 3.Occasional Occurrence
- 4.Frequent Occurrence
- 5.Regular Occurrence

Severity:

- 1. No Injuries
- 2. Minor Injury
- 3. Major Injury
- 4. Major Injury to more than one person
- 5. Death of one or more persons

Interpretation:

- 4 and below = Low Risk
- 5 to 8 = Medium Risk
- 9+ = High Risk

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Skills School COVID-19 Risk Assessment 2

Activity	What are the hazards?	Who might be affected?	Assess the Risk (Before controls) F x S = R	Controlling Action: (Prevention)	Assess the Risk (After Controls) F x S = R	Action by who?	Action by when?
• Playing outdoor Football	**Social Distancing** • Exposure to virus is increased unless players, staff and parents adhere to social distancing guidelines.	• Players, Staff & Parents	4 X 3 = 12	• Parents to remain in their car when dropping off and collecting their child. • Players will be escorted from the car onto the pitch to join their designated bubble group • Members of staff who are escorting the children will be in PPE • Temperature checks & Hand sanitiser provided upon arrival • Briefing will take place before each session • Staggered breaks throughout the day including water breaks and lunch	2 x 3 = 6	Staff, players and parents to be reminded on a daily basis of the importance of social distancing both at our venues and outside of it.	Throughout the whole day.
• Cleaning Equipment	• Exposure to virus is increased unless appropriate standards of cleaning & disinfection are in operation	• Players, Staff & Parents	4 X 3 = 12	• Frequently cleaning and disinfecting all equipment and surfaces that are touched regularly particularly in areas of high usage such as toilets	2 x 3 = 6	Rigorous checks will be carried out by managers and all staff to ensure that the necessary procedures are being followed.	Start, Middle and end of each day.
• Hand Washing	• Exposure to virus is increased unless appropriate standards of hand cleaning with water/soap and hand sanitizer is maintained.	• Players, Staff & Parents	4 X 3 = 12	• Hand sanitiser to be provided before, during and after the day • Soap, Warm water and disposable tissues to be provided in the toilets	2 x 3 = 6	Rigorous checks will be carried out by managers and all staff to ensure that the necessary procedures are being followed.	Throughout the whole day.
• Coughs, Sneezing & Spitting	• Exposure to virus is increased if Players, Staff & Parents cough, sneeze or spit (Swithout adhering to the catch it, bin it, kill it guidelines.	• Players, Staff & Parents	4 X 3 = 12	• Tissues to be provided • Remind everyone to catch coughs and sneezes in tissues – • Follow Catch it, Bin it, Kill it guidelines • AVOID touching face, eyes, nose or mouth with unclean hands • Spitting is strictly prohibited	2 x 3 = 6	Tissues will be made available throughout the workplace.	Throughout the whole day.

Skills School COVID-19 Risk Assessment 3

Activity	What are the hazards?	Who might be affected?	Assess the Risk (Before controls) F x S = R	Controlling Action: (Prevention)	Assess the Risk (After Controls) F x S = R	Action by who?	Action by when?
• Playing outdoor football	**Symptoms of Covid-19** • Exposure to the virus and a outbreak of the virus is increased If anyone becomes unwell with a new continuous cough or a high temperature in the workplace.	• Players, Staff & Parents	4 X 3 = 12	• If anyone becomes unwell with a new continuous cough or a high temperature in the workplace they will be sent home and advised to follow the stay at home guidance. • If we suspect a child or member of staff may be displaying signs of coronavirus we will immediately escort them to a designated 'isolation room' where they will remain on their own with a coach who will be waiting outside until a parent arrives to collect. • The member of staff waiting with the child will be wearing full PPE • The area will be deep cleaned once the suspected person has left. • All members of the suspected persons bubble will be informed and sent home immediately. We will then ask those children to self isolate and not return to the football school for 14 days.	2 x 3 = 6	Staff, players and parents to be reminded on a daily basis of the importance of social distancing both at our venues and outside of it.	Throughout the whole day.
• First Aid	• Exposure to the virus is increased if first aiders on site do not wear the relevant PPE • Exposure to the virus is also increased if you do not minimise the time you share a breathing zone	• Players, Staff & Parents	4 X 3 = 12	• We will have qualified first aiders at the venue • Mask, Gloves to be worn throughout and disposed appropriately • Try to assist at a safe distance from the casualty as much as you can and minimise the time you share a breathing zone	2 x 3 = 6	Designated first aiders on site.	Throughout the whole day.
• Toilet Usage	• Exposure to the virus is increased if children/parents and staff are using unclean toilets whilst not adhering to social distancing	• Players, Staff & Parents	4 X 3 = 12	• 1 in 1 out toilet policy (Children will be escorted) • Toilets will be cleaned after every single use • Warm water, Soap, Disposable towels and hand sanitisers will all be provided and will be expected to be used	2 x 3 = 6	All coaches will ensure the 1 in 1 out policy is adhered too.	Throughout the whole day.

Venue

South Park FC
Whitehall Lane
Reigate
RH2 8LG

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Questions?

If you have any questions regarding our Summer holiday Camp please feel free to contact us via the following information.

- Info@skillsschool.uk
- 07428510384